

# Exhausted Parent

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Nutritional information is based upon a 4 ounce serving.

Ingredients: Cream, milk, sugar, corn starch, coconut oil, cocoa processed with alkali, coffee, whey, butter oil, stabilizer (locust bean gum, guar gum), soy lecithin, natural flavor, alcohol, propylene glycol, caramel color. Contains: Coconut, Milk, Soy.

Calories:

230

Fat Calories:

120

Fat:

13g

Saturated Fat:

9g

Cholesterol:

50mg

Sodium:

75mg

Carbs:

24g

Protein:

3g

Fiber:

0g

Sugar:

11g

Vitamin A:

10%

Vitamin C:

2%

Calcium:

8%

Iron:

2%

Trans Fat:

0g

This product is manufactured in a facility that also processes wheat, soy, peanuts and all types of tree nuts.

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